

# Sara Zaidi, DPM, DABPM, AACFAS

**Patient testimonial on Zocdoc:** “Great. She is very Knowledgeable and has a wonderful outlook”

## EXPERIENCE

### Podiatrist

Integrative Foot & Ankle, January 2022  
Mobile Podiatrist - Part time.

Comprehensive Foot & Ankle Surgery, Jupiter, FL  
June, 2019- November 2021 (FULL TIME 40+ hours/week)

- Podiatric Associate at an established and well-regarded private practice
- Evaluation, diagnosis and management of patients including but not limited to conservative care, surgical care and referrals.
- High volume patient load with focus on individualized treatment to achieve the best outcome.
- Diverse patient population involving wounds, limb salvage, sports medicine and pediatrics

## EDUCATION

### Residency Training

Podiatry Surgery Residency, PMSR-36/RRA  
Sisters of Charity Hospital, Buffalo, NY  
June, 2016-June, 2019

- Well-rounded program with strong surgical training, diabetic limb salvage, and wound care.
- High volume in-patient load.
- Clinical experience in both private practice and county hospital.
- Coding experience.

### Graduate Training

Scholl College of Podiatric Medicine, North Chicago, IL  
Doctor of Podiatric Medicine  
2012-2016

### Undergraduate Training

University of North Florida, Jacksonville, FL  
Bachelor of Science - Biology, *cum laude*  
Minor- Public Health  
2005-2009

## CONTINUING EDUCATION

SAM Podiatry conference, 2021  
ACFAS Scientific conference 2021  
Toes in the Sand conference, 2021  
Wound Certification preparatory course, 2020  
Shuffle Off to Buffalo, 2015, 2016, 2017, 2018  
Monthly Journal Club, 2016-2019  
Quarterly Cadaver Lab, 2016- 2019

## ADDITIONAL SKILLS

Coding and billing  
Marketing

### Community Outreach

Honda Classic, 2020  
Family Health Fair, 2016  
St. Catherine’s Skilled Nursing Facility,  
2016-2019  
Interprofessional Community Clinic,  
2013-2016  
Addolorata Villa - Fitness Education for  
the Elderly, 2012

### Certifications

American Board of Podiatric Medicine  
Certification, 2020  
American Board of Foot and Ankle  
Surgery Qualification, (rear-foot  
qualified) March 2019  
National Board of Podiatric Medicine  
Exam Part I, II, III  
ACLS certified

### Awards

QuizBowl Team Champion- Surgery  
Capstone, 2014  
Designated Student Leader -  
Biomechanics Capstone, 2014

### Languages

English, Urdu

### Memberships

APMA, ACFAS, FPMA, Member of the  
Executive board at PBCPMA

## RESEARCH

*Efficacy of Regranex Versus Standard  
Wound Care in Lower Extremity  
Diabetic Foot Ulcers*

*Perioperative Hyperglycemia in Diabetic  
Amputees with Adequate Vascular  
Perfusion*